

Organized by



1st Department of Orthopaedics
National and Kapodistrian
University of Athens, School of Medicine
ATTIKON University Hospital
Athens, Greece
Prof. Panayiotis J. Papagelopoulos

Under the auspices of



24 - 25 September 2021

Advanced Techniques in Shoulder Surgery



ATHENS

Course Directors:

Koulalis Dimitrios
Mastrokalos Dimitrios
Mavrogenis Andreas

Practical
Sessions on
Cadavers

2 participants
per practical
station

University
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Certificate

Scientific Program



VENUE

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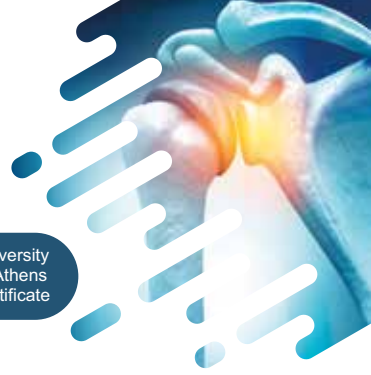
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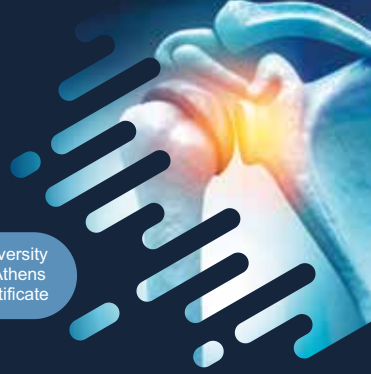
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Welcome Note

Dear Colleagues,

On behalf of the organizing committee of the “**Advanced Techniques in Shoulder Surgery**” course, which will be held on the **24th and 25th of September 2021** at the **ATT Center** in Athens, Greece, it is our great pleasure to invite you to participate in the scientific program.

The program of this 2-day course has been carefully structured and will focus on the most up-to-date developments in surgical approaches and treatment of shoulder pathologies. It includes hands-on practice on cadaveric specimens, as well as lectures on the recent advances of shoulder surgery and treatment.

This course aims to provide an excellent opportunity for young orthopaedic surgeons to broaden their knowledge of shoulder surgery and approaches, and perfect their skills, through the guidance and instruction of experienced orthopaedic surgeons both from Greece and abroad.

We warmly welcome you in Athens.

Koulalis Dimitrios

*Assistant Professor
in Orthopaedics*

*1st Orthopaedic Department
National Kapodistrian
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Mastrokalos Dimitrios

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NATIONAL AND KAPODISTRIAN UNIVERSITY OF ATHENS, SCHOOL OF MEDICINE
1st DEPARTMENT OF ORTHOPAEDIC SURGERY
Professor & Chairman: Panayiotis J.Papagelopoulos, MD, Dsc., FACS

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Scientific Program

Friday, 24 September 2021

07:30

Registration

08:00

Course Inauguration

P.J. Papagelopoulos

08:00 - 09:00

Theory Shoulder I - Acromion

Chair: P. Koulouvaris, O. Savvidou

08:00 - 08:15

Reasons of subacromial impingement:

Clinical examination, radiological examination, diagnosis

A. Tokis

08:15 - 08:30

Subacromial space arthroscopy. Positioning of the patient, arthroscopic portals. Normal Anatomy

D. Mastrokalos

08:30 - 08:45

Glenohumeral Space. Positioning of the patient, arthroscopic portals. Normal Anatomy

D. Koulalis

08:45 - 09:00

Subacromial - Glenohumeral space arthroscopy. Pathological anatomy. Classification of lesions

C. Yiannakopoulos

09:00 - 09:30

Coffee Break

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Scientific Program

Friday, 24 September 2021

09:30 - 12:30

Cadaveric Workshop Shoulder I - Subacromial Space

E. Chronopoulos, E. Fandridis, Z. Kokkalis, D. Koulalis, P. Koulouvaris,
D. Mastrokalos, A. Tokis, C. Yiannakopoulos

Portals

Arthroscopic Anatomy

Handling - Positioning of Instruments

12:30 - 13:30

Lunch Break

13:30 - 14:00

Welcome Note

13:30 - 13:35

Welcome Note

P. Skandalakis

13:35 - 13:45

Welcome Address

D. Koulalis, D. Mastrokalos, A. Mavrogenis

13:45 - 14:00

Mentorship & Leadership: An Unbreakable "Symbiotic Chemistry"
of Excellence & Virtue Between Teacher & Resident

P. N. Soucacos

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Friday, 24 September 2021

14:00 - 15:00

Theory Shoulder II - AC joint, RC

Chair: K. Ditsios, P. Papadopoulos

14:00 - 14:15

AC joint instability. Surgical reconstruction.

Indications, Techniques, Results

K. Katzensteiner

14:15 - 14:30

Rotator Cuff - Partial Tear. Surgical Treatment. Indications, Techniques, Results

K. Ditsios

14:30 - 14:45

Rotator Cuff - Massive irreparable tear. Indications, Techniques, Results

Z. Kokkalis

14:45 - 15:00

Rotator Cuff - Massive irreparable tear. New Techniques

E. Fandridis

15:00 - 15:30

Coffee Break

15:30 - 18:30

Cadaveric Workshop Shoulder II - Subacromial Space

E. Antonogiannakis, E. Brilakis, K. Ditsios, E. Fandridis, K. Katzensteiner, Z. Kokkalis, U. Lanz, P. Papadopoulos, C. Sinopidis

AC joint instability: Surgical Reconstruction Techniques

Rotator Cuff rupture. Surgical Reconstruction Techniques

Massive - irreparable rotator cuff tears.

Surgical Reconstruction Techniques

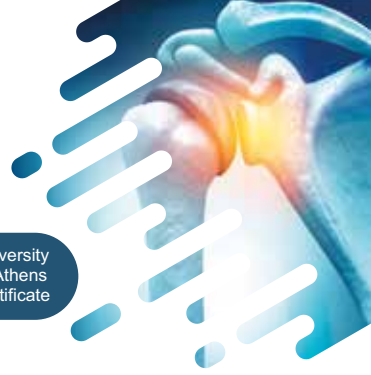
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Saturday, 25 September 2021

08:00 - 09:00

Theory Shoulder III - Glenohumeral joint

Chair: M. Hantes, U. Lanz

08:00 - 08:15

Shoulder instability: anatomical pathology, clinical examination, radiological examination

E. Brilakis

08:15 - 08:30

Surgical treatment of Shoulder Instability. labrum refixation.
Tips and Tricks

M. Hantes

08:30 - 08:45

Surgical treatment of recurrent shoulder instability Latarjet Technique
Tips and Tricks

U. Lanz

08:45 - 09:00

Surgical treatment of recurrent shoulder instability with bone loss.
Eden - Hybinette technique

E. Antonogiannakis

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Saturday, 25 September 2021

09:00 - 12:00

Cadaveric Workshop Shoulder III - Glenohumeral Joint

E. Antonogiannakis, E. Brilakis, K. Ditsios, E. Fandridis, M. Hantes, Z. Kokkalis, D. Koulalis, U. Lanz, D. Mastrokalos, P. Papadopoulos, C. Sinopidis

Arthroscopic treatment of shoulder instability.

Bankart procedure

Arthroscopic treatment of recurrent shoulder instability.

Latarjet procedure

Arthroscopic treatment of recurrent instability. Bone block.

Eden Hybinette

12:00 - 12:30

Coffee Break

12:30 - 13:30

Theory Shoulder IV - Trauma - Osteoarthritis

Chair: J. Feroussis, P. Papadopoulos

12:30 - 12:45

Fracture treatment of the shoulder area. Principles and Techniques.

P. Giannoudis

12:45 - 13:00

Treatment of humeral fractures with Ilizarov external fixation system.

A. Drakou

13:00 - 13:15

Osteoarthritis of the shoulder. Anatomical Total Shoulder Arthroplasty

Principles. Techniques

E. Chronopoulos

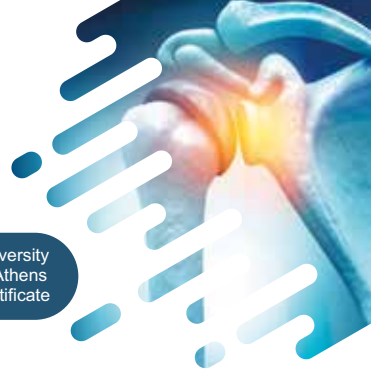
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Saturday, 25 September 2021

13:15 - 13:30 **Osteoarthritis of the shoulder. Reverse Shoulder Arthroplasty Principles. Techniques**
P. Papadopoulos

13:30 - 13:45 **How to avoid complications in reverse shoulder arthroplasty**
J. Feroussis

13:45 - 14:30 **Lunch Break**

14:30 - 17:30 **Cadaveric Workshop Shoulder IV - Trauma - Osteoarthritis**
E. Antonogiannakis, E. Brilakis, K. Ditsios, A. Drakou, E. Fandridis,
J. Feroussis, E. Kessidis, Z. Kokkalis, U. Lanz, D. Mastrokalos,
P. Papadopoulos, C. Sinopidis, A. Vossos

Internal External Osteosynthesis of the shoulder area

Total Shoulder Arthroplasty

Reverse Shoulder Arthroplasty

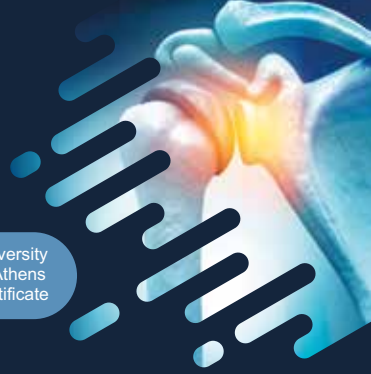
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Faculty / Instructors

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MD, PhD, Senior Consultant
Head Orthopedic Department - Shoulder Surgery Unit.
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Athens-Greece

Hantes Michael

MD, ESSKA General Secretary, Professor of Orthopaedics, Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia, University Hospital of Larissa, Associate editor JBJS Case Connector, Editorial board member AJSM and KSSTA, Larissa, Greece

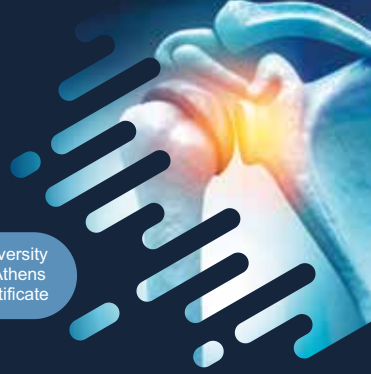
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Katzensteiner Klaus	Medical Director of the Trauma Hospital in Linz, Austria
Kessidis Ektoros	Orthopaedic Surgeon, Thessaloniki, Greece
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Mastrokalos Demetrios	MD, PhD, Assistant Professor in Orthopaedics, 1 st Orthopaedic Department National Kapodistrian University of Athens, "Attikon" University Hospital, Athens, Greece
Mavrogenis Andreas	MD, Associate Professor in Orthopaedics, 1 st Orthopaedic Department National Kapodistrian University of Athens, "Attikon" University Hospital, Athens, Greece
Lanz Ulrich	Orthopaedic physician and surgeon - Sports Orthopaedics Shoulder specialist - Expert consultant for Arthrex, Vienna, Austria
Papadopoulos Pericles	MD, Professor in Orthopaedics, Chairman of the 2 nd Orthopaedic Department, Aristotle University of Thessaloniki, G. Gennimatas Hospital, Thessaloniki, Greece

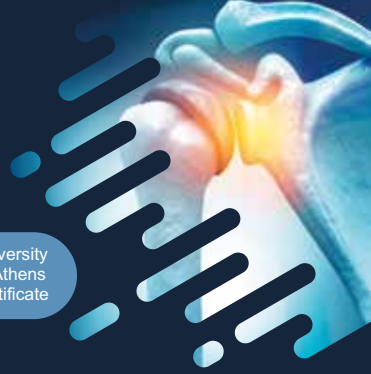
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Faculty / Instructors

Papagelopoulos J. Panayiotis	MD,DSc, Professor & Chairman, 1 st Dept of Orthopedics, School of Medicine, National & Kapodistrian University of Athens, Greece
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Soucacos N. Panayiotis	MD, FACS (Hon) Professor of Orthopaedic Surgery Orthopaedic Research & Education Center "Attikon" University Hospital
Sinopidis Christos	MD, PhD, Consultant Upper Limb Surgeon, A' Orthopaedic Department, Aristotle University of Thessaloniki, Saint Luke Hospital, Thessaloniki, Greece
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Yiannakopoulos K. Christos	MD, PhD, Assistant Professor, Sports Medicine and Exercise Biology Section, School of Physical Education and Sports Science, National and Kapodistrian University of Athens, Greece

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Acknowledgments

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