



European Society for Paediatric  
Gastroenterology, Hepatology and Nutrition



**ESPGHAN  
EGID  
MONOTHEMATIC  
CONFERENCE**

**NOVEMBER 04–06, 2021  
ATHENS, GREECE**



**PROGRAMME**

# EDUCATIONAL PARTNER PROGRAMME



ESPGHAN provides a variety of educational activities, events and information that are available throughout the year.

The educational programme of ESPGHAN has been implemented to ensure an on-going development and implementation of an up-to-date, independent, high quality educational programme for health care professionals.

For further details on the ESPGHAN educational activities, please visit the ESPGHAN [website](#).

We thank our EPP Partners for their generous support in 2021.



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## ESPGHAN EGID MONOTHEMATIC CONFERENCE

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Eosinophilic gastrointestinal diseases (EGIDs) are rare chronic, inflammatory disorders of the gastrointestinal (GI) tract with unknown long-term consequences. They comprise of eosinophilic esophagitis (EoE), eosinophilic gastritis (EG), eosinophilic gastroenteritis (EGE) and eosinophilic colitis (EC).

EoE is the most common and the best described EGID compared to EG, EGE and EC. The clinical presentation of different EGIDs depends on the involved GI site as well as the extent and the depth of eosinophilic infiltration through the bowel wall. In the absence of biological markers, the diagnosis is based on clinical symptoms and on histological findings of eosinophilic inflammation, after the exclusion of a secondary cause of inflammation or a systemic disorder, which is often a challenging issue given the absence of strict histological criteria for the EGIDs (beyond the esophagus) diagnosis. Treatment strategies depend on the involved site of the GI tract, maintenance therapy is often necessary to avoid relapses, while novel drugs are being developed for refractory disease. Due to the complexity of these disorders, the investigation and management of patients with EGIDs are often perplexing.

The Monothematic Conference on EGIDs will include invited lectures with physical presence of the speakers and few through web, as well as interactive sessions with cases presentations.

The faculty comprise international experts in the field with different backgrounds and specific interests, aiming at enlightening different aspects of this challenging topic in order to aid clinicians of different specialties dealing with patients with EGIDs, to interpret the clinical manifestations and the laboratory findings of different EGIDs and to choose the best available treatment option, decreasing variations in clinical practice and improving effectiveness and quality of care. The course language is English.

We are looking forward to welcoming you in Athens!

*Hon. Prof. Dr. med. Alexandra Papadopoulou, Course Director*





## ABOUT ESPGHAN

### WHO WE ARE

We are a multi-professional organisation dedicated to the promotion of the health of children with special regard to the gastrointestinal tract, the liver and nutritional status. Our members include clinicians, scientists, trainees, and allied health professionals.

### WHAT WE DO

- Provide representation for professionals involved in paediatric gastroenterology, hepatology and nutrition
- Promote basic, translational and clinical science
- Lobby for stronger support of research
- Offer the highest standards of education to our members and other involved professionals
- Focus attention on new investigators and trainees to ensure they are supported and encouraged
- Serve as a source of competent advice for governments, international agencies, and relevant stakeholders

### HOW WE DO IT

We achieve the above by knowledge creation, the dissemination of science based information, the promotion of best practice in the delivery of care, and the provision of high quality education for paediatric gastroenterology, hepatology and nutrition professionals in Europe and beyond.

### HOW TO JOIN US

For information on different membership types and application procedure please visit our website [www.espghan.org/join-the-network](http://www.espghan.org/join-the-network) or contact the ESPGHAN Office via [office@espghan.org](mailto:office@espghan.org).



Faculty

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EGID MONOTHEMATIC CONFERENCE

## Course Director:

Hon. Prof. Dr. med. Alexandra Papadopoulou (Athens, Greece)

## Course faculty:

Alexandra Papadopoulou (Greece)

Berthold Koletzko (Germany)

Carolina Gutierrez (Spain)

Evan Dellon (USA)

Fatima Carneiro (Portugal)

Frédéric Gottrand (France)

Glenn Furuta (USA)

Guillaume Lefevre (France)

Jorge Amil Dias (Portugal)

Marc Rothenberg (USA)

Marcus Auth (UK)

Matthieu Groh (France)

Michiel van Wijk (the Netherlands)

Nikhil Thapar (Australia)

Noam Zevit (Israel)

Rok Orel (Slovenia)

Salvatore Oliva (Italy)

Sibylle Koletzko (Germany)

**EoE patients organization:** Amanda Cordell (UK)



For further information  
on the programme and  
registration please visit

 ESPGHAN

www.espghan.org

# Programme

## ESPGHAN EGID MONOTHEMATIC CONFERENCE

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### DAY 1: THURSDAY, November 04, 2021

08:45 – 09:00 Welcome (*Alexandra Papadopoulou, Greece*)

**Chairs: Alexandra Papadopoulou and Noam Zevit**

09:00 – 09:30 Epidemiology, clinical presentation and endoscopic findings in childhood EoE (*Alexandra Papadopoulou, Greece*)

09:30 – 10:00 Histological findings in EoE. Histology scoring system EoEHSS (*Fatima Carneiro, Portugal*)

10:00 – 10:30 Oral immunotherapy induced esophageal eosinophilia - lessons to be learned (*Noam Zevit, Israel*)

10:30 – 11:00 Non invasive diagnostic tools in EoE: can they replace endoscopy? (*Salvatore Oliva, Italy*)

11:00 – 11:30 **Coffee break**

**Chairs: Frédéric Gottrand and Michiel van Wijk**

11:30 – 12:00 Online lecture: Esophageal dysmotility in EoE: which goes first? (*Nikhil Thapar, Australia*)

12:00 – 12:30 EoE in patients with esophageal atresia: how common is it and how its treatment affects the underlying disease? (*Frédéric Gottrand, France*)

12:30 – 13:00 The use of high resolution manometry, mucosal impedance and Endoflip in the diagnosis and follow up of EoE (*Michiel van Wijk, the Netherlands*)

13:00 – 14:00 **Lunch**

**Chairs: Rok Orel and Carolina Gutierrez**

14:00 – 14:30 Dietary or drug treatment for induction in EoE? How to choose the best treatment for the individual patient? (*Noam Zevit, Israel*)

14:30 – 15:00 Individualized approach to maintenance treatment: how and for how long? (*Rok Orel, Slovenia*)

15:00 – 15:30 Novel treatment modalities for resistant EoE (*Carolina Gutierrez, Spain*)

15:30 – 16:00 Patients' perspectives on EoE (*Amanda Cordell, UK*)

16:00 – 16:30 **Coffee break**

**Chairs: Jorge Amil Dias and Salvatore Oliva**

16:30 – 17:00 Online lecture: The role of eosinophils in the GI dysfunction: are they key players or are they merely biomarkers? (*Glenn Furuta, USA*)

17:00 – 17:30 Online lecture: Pathogenic mechanisms of the various EGID (*Marc Rothenberg, USA*)

17:30 – 18:00 Online lecture: Atopic comorbidities in patients with EGIDs: how do they affect the management? (*Glenn Furuta, USA*)

18:00 – 18:30 Clinical case discussion (*Noam Zevit, Israel*)

19:00 **Dinner**

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### DAY 2: FRIDAY, November 05, 2021

#### Chairs: Noam Zevit and Rok Orel

- 09:00 – 09:30 Epidemiology, clinical presentation and endoscopic findings in childhood EGID beyond EoE (*Alexandra Papadopoulou, Greece*)
- 09:30 – 10:00 Initial work up of patients with suspected EGID beyond the esophagus (*Rok Orel, Slovenia*)
- 10:00 – 10:30 The role of US, MRI, MRE, CT scan and of full thickness biopsy in diagnosing muscular and serosal EGID phenotypes (*Salvatore Oliva, Italy*)
- 10:30 – 11:00 Histological criteria for diagnosing EGID beyond the esophagus (*Fatima Carneiro, Portugal*)
- 11:00 – 11:30 **Coffee-break**

#### Chairs: Sibylle Koletzko and Matthieu Groh

- 11:30 – 12:00 Eosinophilic colitis: can we always be certain about the diagnosis? Signs and symptoms suggesting IBD (*Sibylle Koletzko, Germany*)
- 12:00 – 12:30 Hypereosinophilic syndrome: how easy it is to differentiate from EGIDs? Criteria for its diagnosis (*Guillaume Lefevre, France*)
- 12:30 – 13:00 Connective Tissue Diseases. Associations with EGIDs (*Matthieu Groh, France*)
- 13:00 – 13:30 **Lunch**

#### Chairs: Marcus Auth and Salvatore Oliva

- 13:30 – 14:00 Drug treatment for induction in EGIDs (*Salvatore Oliva, Italy*)
- 14:00 – 14:30 Online lecture: Drug treatment beyond induction in EGIDs (*Glenn Furuta, USA*)
- 14:30 – 15:00 Elimination diets for treating EGIDs: which diet for which patient and for how long? (*Marcus Auth, UK*)
- 15:00 – 15:30 Treatment strategies for maintenance in EGID (*Carolina Gutierrez, Spain*)
- 15:30 – 16:00 Unmet needs of patients with EGIDs. Patient-Reported Outcomes are necessary (*Marcus Auth, UK*)
- 16:00 – 16:30 **Coffee break**

#### Chairs: Jorge Amil Dias and Carolina Gutierrez

- 16:30 – 17:00 Clinical case discussion – interactive (*Salvatore Oliva, Italy*)
- 17:00 – 17:30 Online lecture: Novel therapies for refractory or resistant disease (*Evan Dellon, USA*)
- 17:30 – 18:30 Clinical cases discussion - interactive  
(*Jorge Amil Dias, Portugal; Sibylle Koletzko, Germany; Marcus Auth, UK*)  
Three cases - 20 min each case
- 18:30 – 19:00 Eosinophil activation in Functional Gastrointestinal Disorders (*Jorge Amil Dias, Portugal*)
- 19:30 **Farewell dinner**



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### DAY 3: SATURDAY, November 06, 2021

**Chairs: Berthold Koletzko and Frédéric Gottrand**

- 09:00 – 09:30 Nutritional implications of elimination diets (*Berthold Koletzko, Germany*)
- 09:30 – 10:00 Three different Guidelines on EoE (*UEG, AGA, ESPGHAN*): do they differ, where and why? (*Frédéric Gottrand, France*)
- 10:00 – 10:30 ESPGHAN Guidelines on EoE 2021 (*Jorge Amil Dias, Portugal*)
- 10:30 – 11:00 Course assessment and closing remarks (*Alexandra Papadopoulou, Greece*)
- 12:00 **Departure**



The **EGID Monothematic Conference, Athens, Greece, 04/11/2021-06/11/2021** has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **17** European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of *AMA PRA Category 1 Credits™*. Information on the process to convert EACCME® credit to AMA credit can be found at [www.ama-assn.org/education/earn-credit-participation-international-activities](http://www.ama-assn.org/education/earn-credit-participation-international-activities).

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

For further information on the programme and registration please visit













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