

# ALPIC 2023

## Advanced Learning on Platelets & Thrombosis International Course

**24-26 November 2023**

Anemolia Hotel

**ARACHOVA-GREECE**

**Organizer:**



European and Mediterranean League  
Against Thrombotic Diseases

### Course Directors:

#### **Georgia Kaiafa**

Associate Professor of  
Haematology &  
Thromboembolic Diseases  
AHEPA University Hospital  
Aristotle University  
of Thessaloniki

#### **Christos Savopoulos**

Professor of Internal Medicine  
Director of 1st Medical  
Propedeutic Dept of Internal  
Medicine, Excellence Center  
of Hypertension & Stroke Unit  
Aristotle University of Thessaloniki  
AHEPA University Hospital

#### **Alexandros Tselepis**

Emeritus Professor of  
the University of Ioannina  
Member of the Executive  
Committee of EMLTD

### Under the Auspices of:



Hellenic  
Cardiological Society



Hellenic Society  
of Haematology



Internal Medicine  
Society of Greece

Scientific Program

## ALPIC ORGANIZER



European and Mediterranean League  
Against Thrombotic Diseases

### ■ Course Directors:

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#### **Georgia Kaiafa**

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Medicine Director  
of 1st Medical Propedeutic  
Dept of Internal Medicine,  
Excellence Center  
of Hypertension & Stroke  
Unit Aristotle University  
of Thessaloniki AHEPA  
University Hospital

#### **Alexandros Tselepis**

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of the University  
of Ioannina  
Member  
of the Executive  
Committee  
of EMLTD

### ■ Local Organizing Committee:

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Dimitrios Alexopoulos

Fotis Girtovitis

Elisavet Grouzi

Dimitrios Iliopoulos

Elias Kyriakou

Eleftheria Lefkou

Efrosyni Nomikou

Georgios Ntaios

Emmanouil Papadakis

Kostas Toutouzas

Dimitrios Tsakiris

Stavroula Tsiara

Petros Tzimas

George Vassilopoulos

### **Here's why! See you in Arachova for what promises to be a most exciting congress!**

The scientific program is focused on realistic views of controversial issues in thrombosis and antithrombotic therapy. Sessions include a combination of Keynote lectures, Clinical Seminars Plenary Sessions, Debates, Meet the Experts Sessions presented by a faculty of internationally renowned leaders.

# ALPIC 2023

## WELCOME MESSAGE

*Dear Colleagues,*

We are pleased to welcome you to **ALPIC 2023** (Advanced Learning on Platelets and Thrombosis International Course), the **13th international scientific event on Platelets and Thrombosis**, taking place this year in **Arachova, Greece**, at the **Anemolia Hotel**, on **November 24-26, 2023**. ALPIC 2023 is organized by the European and Mediterranean League against Thrombotic Diseases (EMLTD), having as Course Directors Professors Georgia Kaiafa, Christos Savopoulos and Alexandros Tselepis. The Course aims to serve as a knowledge transfer forum for scientists in the current aspects of Platelet and Thrombosis research, ranging from the basic science to the clinical practice. The scientific program is designed to highlight the rapid development and ongoing evolution on the mechanisms underlying Thrombosis and Haemostasis along with discussion regarding all current advances in Antiplatelet and Anticoagulant therapy. We are proud that ALPIC has gain worldwide warm acceptance and recognition for its scientific merit and we do hope that ALPIC 2023 will further strengthen the European and Mediterranean network for Thrombosis and Antithrombotic Therapy in both basic research and clinical practice. ALPIC 2023 is organized under the auspices of the Hellenic Cardiological Society, the Hellenic society of Haematology and the Internal Medicine Society of Greece. The Course will give us the opportunity to bring together scientists and experts having a wide spectrum of disciplines, who will share current knowledge on various aspects of Thrombosis. The course local organizing committee, consisted of experts in thrombosis with different specialties, has created an attractive and comprehensive scientific programme with care and appreciation for attendees' scientific and personal enjoyment. An internationally recognized panel of invited speakers will present state of the art lectures and will create an excellent opportunity for all participants to stimulate an extended and very constructive discussion both inside and outside the lecture hall as well as virtually. The dreamy setting of Arachova, this mountainous village with picturesque breathtaking landscape located at the foot of Mt. Parnassos in Viotia, will add to the scientific quality of the presentations, making this event a remarkable one for all participants. The Organizers will spare no efforts to ensure that ALPIC 2023 will be an exciting and enriching experience for all participants. We welcome you and we wish you all enjoy ALPIC 2023.

With our best regards,

The ALPIC 2023 Course Directors

**Georgia Kaiafa**

Associate Professor  
of Haematology &  
Thromboembolic Diseases  
AHEPA University Hospital  
Aristotle University  
of Thessaloniki

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Directors of EMLTD

Friday, November 24<sup>th</sup>, 2023

11.00 **Registrations**

11.30-13.30 **The Most Impactful Antithrombotic Trials in 2022-2023**

Chairs: Christos **Savopoulos**, Vassilios **Liakopoulos** 

ATLANTIS-4D-CT

Stylianos **Daios**

RE-SPECT CVT

Dimitrios **Sagris**

PEITHO-3

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Vasiliki **Dourliou**

RIVA-SVT 100

Adonis **Protopapas** 

ACTION-CVT

Eleni **Karlafti**

The role of ADAMTS13 in ischemic strokes

Michalis **Makris**

Apixaban compared with warfarin to prevent thrombosis in thrombotic antiphospholipid syndrome: a randomized trial

Elias S. **Kyriakou**

 : Virtual Participation



# ALPIC 2023


## SCIENTIFIC PROGRAMME


Friday, November 24<sup>th</sup>, 2023


### 13.30-14.30 **Clinical Seminar: Uncertainties and challenges in anticoagulation therapy**

*Moderators:* Antonios **Ziakas**, Nikolaos **Fragakis** 

A patient with renal insufficiency - What is the optimal anticoagulation?  
Nikolaos **Kakaletsis**

Subclinical atrial fibrillation is detected in a patient -  
When to anticoagulate?  
Dimitrios N. **Nikas** 

Anticoagulant Reversal Agents: Who, What, When, and How?  
Emmanouil **Papadakis** 

Antithrombotic therapy in patients undergoing Cardiac Surgery  
Dimitrios **Iliopoulos** 

*Discussants:* Evangelos **Toulis** , Thomas **Zegkos**


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14.30-15.30 **Break - Light Lunch**

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### 15.30-17.30 **Interactive Workshop. Real-World Data on Thrombosis Incidence and Treatment in Countries Affiliated to EMLTD (online session)**

*Chairs:* Teresa **Padró** , Vittorio **Pengo** 

*Croatia:* Ana **Bronic** 

*France:* Ismail **Elalamy** 

*Greece:* Dimitrios **Alexopoulos**

*Israel:* Gili **Kennet** 

*Portugal:* Joao **Morais**

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17.30-18.00 **Coffee Break**

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Friday, November 24<sup>th</sup>, 2023

### 18.00-19.30 Meet the Experts session. Hematological disorders and thrombosis

*Chairs:* Georgia **Kaifa**, Elias S. **Kyriakou**

Thromboinflammation and sickle cell disease

Efthymia **Vlachaki**

Multiple myeloma - associated coagulopathy

Eirini **Katodritou**

Thrombotic complications of myeloproliferative neoplasms

George **Vassilopoulos**

Mechanisms and management of coagulopathy

in acute promyelocytic leukemia

Vasileios **Perifanis**

Relationship between ABO blood group type and risk of thrombosis


Fotios **Girtovitis** 

PNH and risk of thrombosis

Eleni **Gavriilaki** 

*Discussants:* Styliani **Kokori**, Vasiliki **Danilatou**, Maria **Topalidou**

### 19.30-20.00 Keynote Lecture

*Chair:* Ioannis **Zarifis** 

Atrial fibrillation and cancer: Prevalence and relative risk  
from a nationwide study

Konstantinos **Pappas**

# ALPIC 2023

## SCIENTIFIC PROGRAMME

Friday, November 24<sup>th</sup>, 2023

20.00-21.00 **Official Opening of ALPIC 2023**

*Chairs:* Georgia **Kaiafa**, Christos **Savopoulos**, Alexandros **Tselepis**

21.00-21.30 **Opening Lecture**

*Chairs:* Christos **Savopoulos**, Alexandros **Tselepis**

Immunothrombosis in acute and chronic tissue damage  
Panagiotis **Skendros**


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21.30 **Dinner**


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Saturday, November 25<sup>th</sup>, 2023

### 09.30-10.30 **How to Treat Session: Practical Guidance in Antithrombotic Therapy**

*Chairs:* Elisavet **Grouzi**, Marianna **Politou** 

Laboratory monitoring of platelet functionality

Dimitrios A. **Tsakiris** 

Should all stroke patients undergo thrombophilia testing

Georgia **Kaiafa**

Pros and cons of elevated D-dimers

Konstantina **Papathanasiou**

*Discussants:* Stavroula **Bountola**, Elias S. **Kyriakou**

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10.30-11.00 **Coffee Break**

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### 11.00-12.00 **Advanced Clinical Workshop: Antithrombotics in Coronary Artery Disease**

*Chairs:* Kostas **Toutouzas** , Dimitrios **Alexopoulos**

Antithrombotic Treatment before, during and after PCI


Pavlos **Roditis**

Bleeding after an ACS: what are you doing with the antithrombotic therapy

Konstantinos **Tsioufis** 

Antithrombotic therapy for patients with chronic coronary syndromes


Ilias **Kanellos** 

*Discussant:* Matthaïos **Didagelos** 

 : Virtual Participation

Saturday, November 25<sup>th</sup>, 2023

### 12.00-13.00 **Indications, contraindications, and precautions with the use of DOACs**

*Chairs:* Xenofon **Krokidis**, Dimitrios A. **Tsakiris** 

DOACs for AF in elderly patients

Christos **Lafaras**

Anticoagulation and Stroke Prevention for AF:  
Stroke Prophylaxis in Complicated Cases

Eleni **Korompoki**

End-Stage Renal Disease and Haemodialysis.

Antiplatelets - Anticoagulants

Pantelis **Sarafidis** 

### 13.00-13.30 **Lecture**

*Chair:* Erifili **Hatziagelaki** 

Individualized antithrombotic therapies in Diabetics

Triantafyllos **Didangelos** 


### 13.30-14.30 **Clinical Seminar. Ischemic stroke prevention in patients with atrial fibrillation**

*Chairs:* Kostas **Toutouzias** , Periklis **Davlouros** 

The role of cardiac magnetic resonance in patients with atrial fibrillation

Theodoros **Karamitsos** 

The burden of atrial fibrillation: effectiveness and safety of DOACs

Georgios **Ntaios** 

Dissolving the thrombus in a patient on anticoagulation

Panagiotis **Papanagiotou**

Left appendage closure: Why, when and to whom

George **Andrikopoulos** 

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### 14.30-15.30 **Break - Light Lunch**

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Saturday, November 25<sup>th</sup>, 2023

### 15.30-17.30 Plenary session: Cancer-Associated Thrombosis. An update


Chairs: Anna **Falanga** , Elisavet **Grouzi**

New insights into the mechanisms underlying CAT pathogenesis  
Alexandros **Tselepis**

Frequency, risk factors, and impact on mortality of arterial thromboembolism in patients with cancer  
Grigoris **Gerotziafas** 

Assessment of bleeding risk in cancer patients  
Stavroula **Tsiara**

LMWH or DOACs for management of cancer-associated VTE  
James D. **Douketis**

Tailoring anticoagulation beyond six months  
Nikolaos G. **Tsoukalas** 

Thrombin Generation and D-Dimer for Prediction of Disease Progression and Mortality in Patients with Metastatic Gastrointestinal Cancer  
Marina **Marchetti**

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17.30-18.00 **Coffee Break**

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### 18.00-19.30 Factor XI (FXI) Inhibitors: The future of anticoagulants

Chairs: Lampros K. **Michalis** , Dimitrios A. **Tsakiris** 


FXI inhibitors as Novel Agents to Maximize Safety and Maintain Efficacy in Thromboembolic Disease  
Alexandros **Tselepis**

Recent data from the clinical assessment of the anti-FXI inhibitors in:

- Orthopedic operations

Savas **Sourmelis**

- Atrial Fibrillation

Katerina **Naka** 

- Non cardioembolic ischemic stroke

Matilda **Florentin**

 : Virtual Participation

# ALPIC 2023


## SCIENTIFIC PROGRAMME

Saturday, November 25<sup>th</sup>, 2023



### 19.30-20.00 Keynote Lecture

*Chairs:* James D. **Douketis**, Elisavet **Grouzi**

Deep vein thrombosis and pulmonary embolism in cancer patients

Anna **Falanga** 

### 20.00-21.30 Meet the Experts: Recent guidelines on antithrombotic management

*Chairs:* Grigoris **Gerotziafas** , James **Douketis**, Kyriakos **Ktenidis** 

Updated 2023 ISTH COVID-19 Antithrombotic Guidelines

Alex **Spyropoulos** 

EHA Guidelines on Management of Antithrombotic Treatments in Thrombocytopenic Patients With Cancer


Ismail **Elalamy** 

Acute, periprocedural and long-term antithrombotic therapy in older adults. 2022 Update by the ESC Working Group on Thrombosis

Joao **Morais**

European Society for Vascular Surgery (ESVS) 2023 Clinical Practice Guidelines on Antithrombotic Therapy for Vascular Diseases

Stavros **Kakkos** 

*Discussant:* Kyriakos **Ktenidis** 

### 21.30 Dinner

Sunday, November 26<sup>th</sup>, 2023


### 09.00-10.30 **How to treat session: DOACS in pediatric medicine**

*Chairs:* Dimitrios **Zafiriou** , Gili **Kennet** 

Treatment of pediatric VTE- is the standard of care changing?

Emmanouel **Hatzipantelis**

Treatment and outcome of cerebral sinovenous thrombosis (CSVT) in children

Thomas J. **Tegos** 

Central venous Line (CVL)-associated thrombosis in paediatric practice

Zacharoula **Karabouta**

Hypertension as a risk factor for stroke in children


Stella **Stabouli** 

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10.30-11.00 **Coffee Break**

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### 11.00-11.30 **LECTURE**

*Chair:* Kyriakos **Ktenidis** 

Perioperative management of DOACs

Petros **Tzimas**

### 11.30-12.30 **Challenging the thrombosis risk and management in Women**

*Chairs:* Minas **Paschopoulos** , Evdokia **Mandala**


Hormones, venous and arterial thrombosis in Women

Ploutarchos **Tzoulis**

To screen or not to screen for thrombophilia in a Pregnant Women or in a Women trying to conceive?

Eleftheria **Lefkou** 

Thrombosis in pregnancy

Despoina **Adamidou** 



 : Virtual Participation

# ALPIC 2023

## SCIENTIFIC PROGRAMME


Sunday, November 26<sup>th</sup>, 2023

### 12.30-14.00 **Meet the Experts: Pathogenesis, Prevention and Management of Ischemic Stroke**

*Chairs:* Pantelis **Zebekakis**, Andreas **Pittaras** , Matina **Pagoni** 

Optimal blood pressure levels in Acute Phase of stroke  
Nikolaos **Kakaletsis**

Clinical relevance of adverse remodeling of microcirculation  
in Hypertensives and the level of cerebral circulation  
Christos **Savopoulos**

ABPM Versus office BP measurements and newer cuffless techniques  
Vasileios **Kotsis** 

Hypertension post stroke: how to treat  
Kalliroi **Kalantzi**

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14.00 **End of ALPIC 2023**

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Αρ. ΓΕΜΗ 000299101000

Εταιρεία συμπτώθησης



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#### 4. ΚΛΙΝΙΚΕΣ ΠΛΗΡΟΦΟΡΙΕΣ

##### 4.1 Θεραπευτικές ενδείξεις

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1. ΠΧΠ LIPTRUZET\_29\_03\_2023

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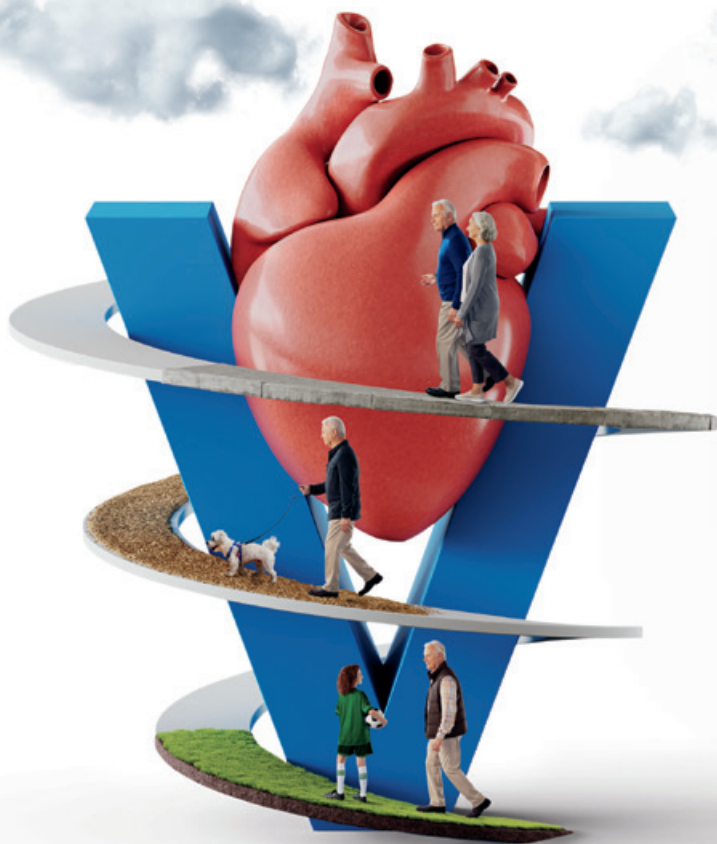


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VE-22096-IVO-4/2022

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## GENERAL INFORMATION

### ■ DATE & VENUE

The **Advanced Learning on Platelets and Thrombosis International Course (ALPIC 2023)** will be held from **Friday, November 24<sup>th</sup> to Sunday, November 26<sup>th</sup> 2023** in Arachova, Greece, at Anemolia Hotel.

The Conference will be conducted in a hybrid manner (with physical presence of participants and simultaneous on Digital Broadcast).

### ■ LANGUAGE

The official languages of the Course are **Greek** and **English**. The English language may be used widely especially in the presentations of the speakers to encourage the interaction in all scientific sessions of the English speaking faculty.

### ■ ABOUT ARACHOVA

Arachova is a mountainous village nestling picturesquely at the foot of Mt. Parnassos in Viotia, Southern Greece. It is located 35 km west of Livadeia. Arachova is undoubtedly the **queen of Parnassos**. It is built in an amphitheatric way and it spreads magnificently to the south hillsides of Parnassus, at an altitude of 960 meters, ending up at a cliff where Pleistos river flows.

It is the most cosmopolitan winter destination in Greece, a great favourite for passionate ski lovers and celebrities, or just first-time visitors who wish to relax in a dreamy mountainous setting with modern tourism facilities. Its modern ski resort, its close proximity to Athens, and its breathtaking mountainous landscape are the strongest reason why. It was in Arachova that Georgios Karaiskakis (1780-1827) defeated the Turkish army led by Moustafabei in November 1826. At the peak of Arachova there is the imposing **church of Agios Georgios** which amazes and draws the attention of its visitors. In order to get to the courtyard of the church you must climb the 264 steps where according to tradition many defining moments of the historical battle in Arachova in 1826 were carried out. There are historical documents-records that prove the existence of the church since 1676 yet it is certain that its construction is placed many years before that. The courtyard of the church is decorated with embossed flagstones with designs of Arachovian wefts, made by the hands of Arachovian artisans. The Ministry of Culture on 11th of July 2000 characterized the church as a historical listed monument.

One of the most beautiful parts of Arachova, as well as the most photographed one, is its clock. Towering on the Tiria rock, it becomes even more impressive at night when it is illuminated. Its history starts around the beginnings of the 18th century, when the clock was part of the Metropolitan Church of the Presentation of the Virgin Mary, which was destroyed by an earthquake in 1870. Upon its reconstruction, the clock took the form it has today. During the previous years it was used as a natural refrigerator for the



preservation of foods and cheeses, while during the Axis occupation of Greece it constituted a hiding place for important items of the local people of the area.

During the last years the old Elementary School of Arachova has been refaced in order to operate there an area regarding the culture, the **Ethnographic Museum of Arachova**. The museum is located in the center of the village and it aims to the preservation, study, enhancement and projecting of the local traditional culture and the historical and cultural heritage of the area. Within the areas of the Museum there is a library with more than 5.000 volumes of books, dozens series of Greek and Foreign magazines regarding our ancient and modern culture as well as a great collection of historical and photographic archives from the everyday and historical course of Arachova and the wider area during the 19th and 20th century. Still, a great innovation of the museum is the operation of traditional arts of Arachova under the instructions of many experienced artisans in the field of weaving, knitting, embroidery, making men's and women's costumes etc. which are later exhibited in the museum. In the halls of the Ethnographic Museum of Arachova the guest can wander to the various exhibitions that the Museum houses from time to time.

The traditional town of Arachova is located just 10km from **Delphi**. Zeus released two eagles, one to the East and one to the West and they met at Delphi, making them the center of the world. At the Navel of the Earth, as Delphi is called, the most important oracle of the ancient Greek world was located, and its reputation exceeded the borders of Greece, even during the ancient years, which is proved by the findings of the diggings that showed oblations from Syria and Armenia. The oracle of Delphi was dedicated to God Apollo and Pythia, the High-Priestess, was the medium to deliver to the interested people the prophecy. Delphi, as it was recognized by UNESCO as a **World Heritage Site**, gathers a large number of Greek and foreign visitors all year long. The modern town of Delphi was built next to the archaeological site, at an altitude of 570m, with a view to the olive grove of Amfissa and Itsea bay. Delphi's sights are numerous. The most important of them – archaeologically speaking- **are Apollo's Temple, the Archaeological Museum of Delphi, the Ancient Theatre of Delphi, the Athenian Treasury, the Sacred Way, the Castalian Spring, the Tholos at the sanctuary of Athena Pronaia**. Also, the **Museum of Delphic Festival** which is accommodated at the house of our great writer and poet Angelos Sikelianos. Sikelianos had envisioned the "Delphic Idea", a global spiritual society based at Delphi. In 1927, with the contribution of his wife and many personalities of the era, the first Delphic Festivals were carried out, and they had a global appeal. In the museum, costumes and photographic material from the Delphic Festivals are exhibited, as well as handwritten texts by Angelos Sikelianos and his personal items, and his wife's Eva broadlooms. Don't forget to visit the old church of Agios Konstantinos with the amazing works of art and the Church of Agios Nikolaos where there are remains from great Saints of Orthodoxy.

Arachova is full of life. The wild beauty combined with its unaltered traditional character, its cosmopolitan face and the numerous activities the majestic mount Parnassos offers, place it rightfully at the top of the Greek winter tourism and at the list with the top destinations for the other seasons too.

## GENERAL INFORMATION

### ■ REGISTRATIONS

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#### **Registration Fee: 140.00 euros + 24% VAT**

Registration Fee includes:

- Access to Conference & exhibition area
- Conference material (e-program & e-badge & codes for digital access)
- e-Certificate of attendance
- Attendance at the organized Coffee breaks during the Scientific Program

### ■ CERTIFICATE OF ATTENDANCE

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All registered to the Course will have their e-badge and codes (username and password) for digital access that will count the time of attendance (physically or virtually). Participants can download their Certificates 2 dates after the end of the Course from the site of Congress World <https://certificates.congressworld.gr/gr/congress>.

### ■ CONTACT

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